



# NEWSLETTER

Regular news updates from All Saints School, Lessingham

## KEY DIARY DATES

### Oct:

- 2nd-4th: Hautbois Activity Week  
3rd: Upper Juniors to Mosque and Cathedral  
3rd: Lower Junior Parent/Carer Café  
9th: Upper Junior Parent /Carer Café  
15th: GCSE Art trip  
16th: House Rewards Day  
16th: Puppet Tree Workshop  
23rd: Upper Juniors to Norwich Aviation Museum  
23rd: Yr 7 Parent /Carer Café  
23rd: Yr 9 trip to Bacton Beach

\*\*\* Half Term \*\*\*

24th Oct-1st Nov

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## Numbers to contact for help

Ms Dangerfield: 07879 875925

Miss Paffett: 07733 417296

Norfolk children's support line:

Text 07480 635060 or call 0344 800 8029

## MESSAGE FROM THE HEADTEACHER

As always it has been a busy two weeks in school with lots of fantastic work across the year groups and across the curriculum. Upper Juniors have visited Gressenhall museum, Lower Juniors visited the Time and Tide Museum, the nursing team have been in school to do the flu vaccinations and lots more.

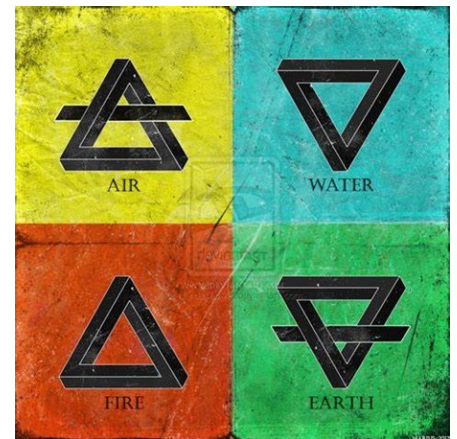
In the past few weeks, our student leaderships groups have also been very busy; the PE Leaders have led an inter-house PE competition; the Online Safety group have started to produce a questionnaire to share with students; the Diversity Leads have been creating resources to be shared for Black History Month; the Literacy Leaders have created a list of books to be bought for the library; the Sustainability Group have started to look at how we can improve our recycling in school and the Student Council made the decision to change the house system, creating a fairer mix of students in each house and changing the names.

### Our four houses are now Air, Water, Fire and Earth.

Listening to our young people and giving them the opportunity to shape our school is important to me.

I value their fabulous ideas and appreciate their thoughtfulness in ensuring that everyone is considered.

**Thank you students for helping All Saints School to be the best it can be.**



## Parental Support

Please see page 6 of this newsletter for dates of the Triple P (Co-parenting course) and page 7 which explains the facts regarding Nitazenes and Naloxone.

New SEND and Inclusion Support Line: <https://www.schools.norfolk.gov.uk/article/62298>



## EHCP CO-ORDINATORS

Following changes/reorganisation at NCC, we have been notified of the following:

### FOR LAC:

Up to and including Yr 9- Mel Hunt [mel.hunt@norfolk.gov.uk](mailto:mel.hunt@norfolk.gov.uk)

Yr10 and above – Colette Lumpkin [colette.lumpkin@norfolk.gov.uk](mailto:colette.lumpkin@norfolk.gov.uk)

### ALL OTHER:

Up to and including Yr 9– Nicola Ransom [nicola.ransom@norfolk.gov.uk](mailto:nicola.ransom@norfolk.gov.uk)

Yr10 and above – Matthew Wigg [matthew.wigg@norfolk.gov.uk](mailto:matthew.wigg@norfolk.gov.uk)



# Upper Juniors

have been super busy...

Used everyday items and activities to develop their fine motor skills.

## Gressenhall

Loved their visit to Gressenhall, where they enjoyed some WW2 potato chocolate truffles, pretending to be a home guard, a tractor ride and digging for victory.



In Science we created brightly coloured flowers to attract bees and used cheese puffs as pollen to simulate the process of pollination.



Making food swaps for a healthier breakfast on World Breakfast Day. Students have been learning about this in PSHE and Personal Development.



Looking at real life objects from WW2 to support their History lessons. The objects included an ammunition box, shells and a German soldiers helmet.





## Lower Juniors

### Time and Tide Museum

What a great place to explore,  
learn and have fun!



### How to Wash a Woolly Mammoth?

Well, first you have to catch one! Lower Juniors managed to find a whole herd of them!





## College

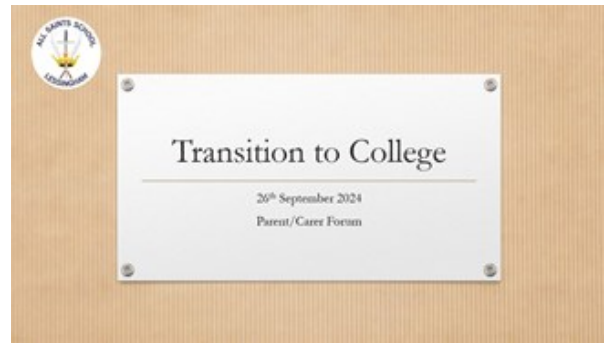
### Parent/Carer Forum

A recording of our most recent forum can be on our website under the parent/carers recordings...

<https://www.allsaintslessingham.co.uk/helpful-resources/>

Transition to College, including what support is available and how to feel prepared.

Please contact Miss King directly if you would like any additional support with this.



### Careers / IAG support

We would like to welcome Kelly Lee to our school who is taking over from Ellen to offer impartial careers advice and guidance.

Kelly's focus across October – December will be year 11. As discussed in our parent/carers forum applications to college/sixth forms opens from 1<sup>st</sup> October – we will support you all the way.

If you are completing applications at home with your child, please go via your child's HelpYouChoose account so that we can keep track of their application for you.

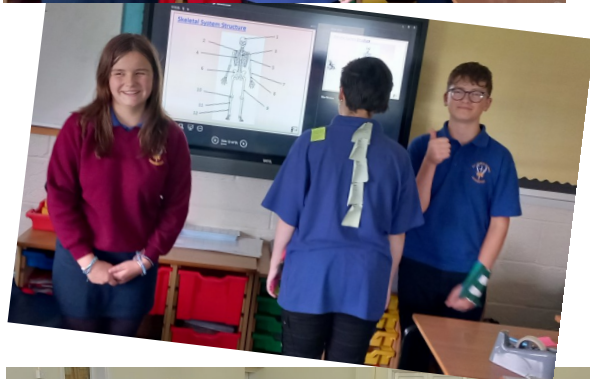
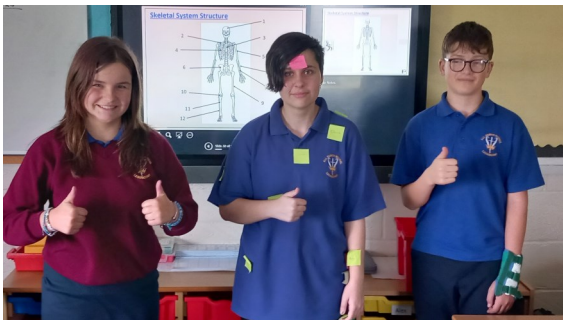
As always, Kelly will keep you updated via emails, telephone calls and career action plans.



Kelly Lee

### GCSE PE

Students using post it notes for STICKY learning and solving a skeletal scavenger hunt using circuit training.



### Year 9

Have thrown themselves into Catering lessons at college with great enthusiasm. We hope families have enjoyed tasting the outcomes of their hard work on Tuesday evenings.



### Year 8

Dissecting chicken wings in science





## All Saints Parents, Carers and Students Calendar Dates 2024 – 2025 v2

<b>Autumn Term</b>		<b>September 2024</b>	
<b>Autumn term 1 Protected Characteristic - Disability</b>			
4 <sup>th</sup> September		Students return to school	
9 <sup>th</sup> – 13 <sup>th</sup> September		Student goals agreed and in planners	
16 <sup>th</sup> – 20 <sup>th</sup> September		Inter house PE focus – PE student leaders to lead	
17 <sup>th</sup> September		Upper Junior trip to Gressenhall	
18 <sup>th</sup> September		Year 7 parent cafe 14:15-15:00 ** POSTPONED	
24 <sup>th</sup> September		Lower Junior time and Tide Museum	
26 <sup>th</sup> September		Parent Carer Forum - Miss King - Preparing for College 10:00-11:00 on Zoom	
<b>October 2024</b>			
2 <sup>nd</sup> - 4 <sup>th</sup> October		Hautbois activity week - Year 7 will attend during the days and Years 8-11 to stay overnight	
3 <sup>rd</sup> October		Upper Junior Mosque and Cathedral visit	
3 <sup>rd</sup> October		Lower Junior parent and carer café 14:15-15:00	
9 <sup>th</sup> October		Upper Junior parent and carer café 14:15-15:00	
15 <sup>th</sup> October		Art GCSE Clay course	
16 <sup>th</sup> October		House rewards day	
16 <sup>th</sup> October		Well-being group visit to puppet theatre	
23 <sup>rd</sup> October		Year 7 parent and carer café 14:15-15:00	
23 <sup>rd</sup> October		Yr 9 visit to Bacton Beach	
23 <sup>rd</sup> October		Upper Junior - visit to City of Norwich Aviation Museum	
24 <sup>th</sup> Oct – 1 <sup>st</sup> Nov		<b>**Half Term**</b>	
<b>November 2024</b>			
<b>Autumn Term 2 – Protected Characteristic - LGBTQ+</b>			
5 <sup>th</sup> November		Year 8 - visit to Gaol House and Time and Tide Museums	
6 <sup>th</sup> November 3.45pm – 7pm		Year 10 and Year 11 Parents' evening – face to face virtual/telephone	
6 <sup>th</sup> November		Year 8 parent and carer café 14:15-15:00	
6 <sup>th</sup> November		Year 8 HPV Immunisations	
7 <sup>th</sup> November 1.15pm		School photographs individual and siblings	
8 <sup>th</sup> November		Year 11 reports to parents	
8 <sup>th</sup> November		Lower Junior visit to Science Museum Norwich	
8 <sup>th</sup> November		Year 7 visit to travel agents	
11 <sup>th</sup> – 15 <sup>th</sup> November		Student goals review and new goals into planners	
13 <sup>th</sup> November		Year 11 parent and carer information evening – Post 16 applications and interviews	
15 <sup>th</sup> November		Year 8 visit to Norwich	
22 <sup>nd</sup> November		Interim reports completed (Lower Junior - Year 10)	
25 <sup>th</sup> - 29 <sup>th</sup> November		Well-being week	
25 <sup>th</sup>		WoW (Wellness on wheels) Bus in school	
<b>December 2024</b>			
3 <sup>rd</sup> December		Advisory Board Meeting - 13:30-15:30	
9 <sup>th</sup> December		Whole school data report to parents/carers	
11 <sup>th</sup> December 3.45pm – 7pm		lower and Upper Juniors, Year7, Year 8 and Year 9 parents evening face to face and phone calls	
9 <sup>th</sup> – 13 <sup>th</sup> December		House/form competitions (focus is Christmas)	
17 <sup>th</sup> December		House reward day	
18 <sup>th</sup> December		Christmas lunch - normal lessons am and form activities pm	
19 <sup>th</sup> December		Church service – Catfield Church <b>**End of Term**</b>	
20 <sup>th</sup> December – 3 <sup>rd</sup> January		<b>**Christmas Holiday**</b>	
<b>Spring Term</b>		<b>January 2025</b>	
<b>Spring Term 1 – Protected Characteristic - Religion</b>			



## All Saints Parents, Carers and Students Calendar Dates 2024 – 2025 v2

7 <sup>th</sup> January	Students return
10 <sup>th</sup> January	Year 9 Visit to see the seals
10 <sup>th</sup> January	Year 9 and above DTP immunisation
10 <sup>th</sup> January	Parent Carer Forum - Miss King Preparing for exams and Ms Czubaj - Dyslexia Support and Guidance-11:00-12:00
13 <sup>th</sup> – 17 <sup>th</sup> January	Year 11 mock week Exam conditions
21 <sup>st</sup> January	Years 9 and 10 Information evening
22 <sup>nd</sup> January	Year 8 UEA PE Festival
27 <sup>th</sup> – 28 <sup>th</sup> January	Year 10 test week in classrooms
28 <sup>th</sup> January	Upper Juniors UEA Adapted Games
31 <sup>st</sup> January	Year 11 reports home

<b>Spring Term</b>		<b>February 2025</b>	
3 <sup>rd</sup> -7 <sup>th</sup> February	Interhouse PE tournament – PE student leaders to lead		
4 <sup>th</sup> February	Year 9 options – telephone calls home		
4 <sup>th</sup> February	Safer Internet Day		
6 <sup>th</sup> February	Options to be handed in		
11 <sup>th</sup> February	GCSE Art trip to Norwich Museum		
13 <sup>th</sup> February	Upper Junior visit to N Walsham Church		
14 <sup>th</sup> February	Year 7 London trip		
14 <sup>th</sup> February	House reward day		
<b>17<sup>th</sup> – 21<sup>st</sup> February</b>	<b>**Half Term**</b>		
<b>Spring Term 2 – Protected Characteristic - Race</b>			
24 <sup>th</sup> – 28 <sup>th</sup> February	House competitions (focus is learning)		
<b>March 2025</b>			
6 <sup>th</sup> March	World Book Day – literacy leads reward trip		
3 <sup>rd</sup> – 14 <sup>th</sup> March	Careers weeks – whole school		
March to be confirmed	Years 9,10,11 Norfolk Skills & Careers Festival		
12 <sup>th</sup> March	Homework reward trip		
10 <sup>th</sup> -14 <sup>th</sup> March	Student goals review and new goals into planners		
20 <sup>th</sup> March	Parent Carer Forum - Ms Dangerfield Managing Challenging Behaviours At Home 11:00-12:00		
24 <sup>th</sup> March	World Maths Day -UK– whole school event		
25 <sup>th</sup> March	House reward day		
<b>31<sup>st</sup> March – 21<sup>st</sup> April</b>	<b>**Easter Holiday**</b>		
<b>Summer Term</b>		<b>April 2025</b>	
<b>Summer term 1 – Protected Characteristic - Marriage / civil partnerships</b>			
23 <sup>rd</sup> April	Students return		
24 <sup>th</sup> April	Whole School - RSE Parents and Carer information session		
28 <sup>th</sup> April - 2 <sup>nd</sup> May	Whole school - share a story week to celebrate Shakespeare’s birthday – literacy leads focus		
22 <sup>nd</sup> - 25 <sup>th</sup> April	Year 11 mock week – full mock conditions		
28 <sup>th</sup> April	Lower Junior visit to Norwich Buddhist Centre		
30 <sup>th</sup> April	Upper Junior visit to Strangers Hall and Elm hill		
<b>May 2025</b>			
<b>5<sup>th</sup> May</b>	<b>Bank Holiday</b>		
6 <sup>th</sup> May	Whole School Photo (TBC)		
5 <sup>th</sup> May – 16 <sup>th</sup> May	Democracy Weeks		
May – June	GCSE Exams – exam timetable TBC by exam boards		
7 <sup>th</sup> May	Year 8 visit to Gressenhall		
7 <sup>th</sup> May	Year 7s visit to Norwich Castle		



## All Saints Parents, Carers and Students Calendar Dates 2024 – 2025 v2

13th May	Parent Carer Forum - J Baker (Occupation Therapist) - Zones of Regulation 11:00-12:00
23rd May	House reward day
<b>26<sup>th</sup> May</b>	<b>Bank Holiday</b>
<b>27<sup>th</sup> May – 30<sup>th</sup> May</b>	<b>**Half Term**</b>
<b>June 2025</b>	
<b>Summer term 2 – Protected Characteristic - sex (gender) and pregnancy</b>	
June	Pride Month – diversity student leaders to organise events throughout the month
To be confirmed	Hickling Farm visit – careers linked
2 <sup>nd</sup> June	Staff and students return
2 <sup>nd</sup> - 13 <sup>th</sup> June	Performance Management meetings
10th June	Parent Carer Forum - Managing Screen Time- Ms J Paffett Supporting your child with friendship difficulties – Ms J Paffett 11:00-12:00
10th June	Mental Health Action Group Meetings 15:30-16:00
16 <sup>th</sup> - 20 <sup>th</sup> June	Student goals review
16 <sup>th</sup> – 20 <sup>th</sup> June	Share a story week – literacy leads to organise
16 <sup>th</sup> – 20 <sup>th</sup> June	Year 11 Post 16 Transition support
19 <sup>th</sup> June	Whole School Sports day at UEA
23 <sup>rd</sup> – 27 <sup>th</sup> June	Year 11 activities days
25 <sup>th</sup> June	Upper junior RNLi Henry Blogg lifeboat Museum and fossil hunt
27 <sup>th</sup> June	Year 11 leavers assembly / day out and evening meal
WC 30 <sup>th</sup> June	Year 11 work experience
<b>July 2025</b>	
2 <sup>nd</sup> July	Year 7 Visit to local beach
2nd Juy	New teachers letter home to parents and carers
3rd July	Summer Fayre
4 <sup>th</sup> July	Final reports out to parents and carers
14 <sup>th</sup> – 17 <sup>th</sup> July	Transition days – time with new teachers
16th July	House reward day
17 <sup>th</sup> July	<b>Church Service - venue Ingham Church</b>
17 <sup>th</sup> July	<b>**End of Term**</b>
<b>18<sup>th</sup> July – 2<sup>nd</sup> September</b>	<b>**Summer Holidays**</b>



# Are you Separated or Separating?

**Worried about your child getting caught in the middle? Family Transitions Groups can help**

**What parents have said -**

**“Has had significant benefits and an insight into how to overcome challenges with co parenting”**

**“The teachers (course leaders) were kind, thoughtful, helpful and supportive”**



Completely Free! Two online groups available, attendance is one session per week for 5 weeks.

Friday 1st November- Friday 29th November 10am-12pm

or

Thursday 7th November- Thursday 5th December 09:30am-11:30am

To book search [Request for Support Early Help Information and Consent - Privacy - Section 1 - Norfolk County Council](#) or contact [roxanne.mcdowell@norfolk.gov.uk](mailto:roxanne.mcdowell@norfolk.gov.uk)

# Nitazenes and naloxone

## What are nitazenes?

Nitazenes are very strong and dangerous synthetic opioids. They have been found in the drug supply across the country.

## What are the risks?

Nitazenes are continuing to cause overdoses and deaths.



## What to do in an emergency?

If you think someone is overdosing, **call 999** for an ambulance immediately.

**Give the person naloxone.**

Make sure you have enough naloxone - at least two kits.

You may need to **give more doses of naloxone** to stop someone from overdosing.



## Know the signs of overdose:

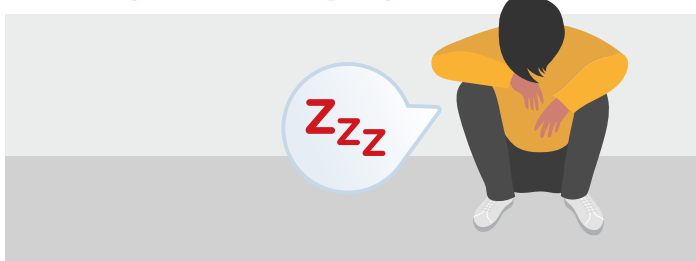
### Loss of consciousness



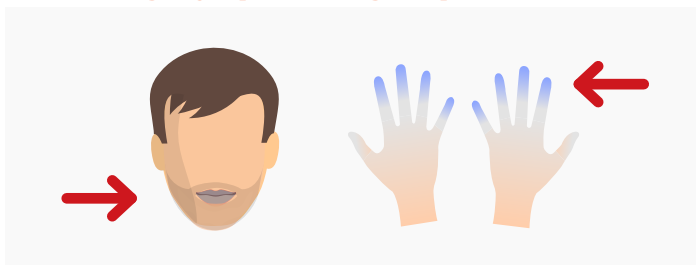
### Shallow or no breathing



### Snoring or loud rasping



### Blue or grey lips or fingertips



Get **free naloxone kits** and training from your local service or visit [change-grow-live.org/naloxone](https://change-grow-live.org/naloxone) for more information.





BOOK NOW



# YEAR 12 OPEN EVENT

Session 1 16:30-18:15

Session 2 18:30-20:15

10TH  
OCTOBER  
2024

University Technical College Norfolk  
Oldhall Road  
NR4 6FF

 01603 580280

 [www.utcn.org.uk](http://www.utcn.org.uk)

 [admissions@utcnst.org](mailto:admissions@utcnst.org)

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