

Would you like to help parents and carers in your community?

Becoming a Parent Champion means you can meet new people, learn new skills, gain confidence, and give something back to the local community.

# **Training Available!**

Saturday 25 January 2025, 9.30am - 4pm Yesu, Sheringham, NR26 8JP

Lunch and refreshments provided. Travel costs reimbursed.



# **Interested?**

To register your interest email: parentchampions@norfolk.gov.uk or visit our website: norfolk.gov.uk/parentchampionvolunteers







**Christmas and New Years Opening Hours** 

# **December 2024**

Wednesday 25th: 9am - 3pm

Thursday 26th: 9am - 3pm

From Friday 27th to

**Tuesday 31st: Core opening hours** 

# January 2025

Wednesday 1st: 9am-3pm

From Thursday 2nd: Core opening hours

### **Core opening hours**

Weekdays: 9am - 6:30pm

Weekends: 9am - 3pm

If you're in immediate danger, always call 999.

Visit: www.nidasnorfolk.co.uk

Call: 0300 561 0555

Out of hours: 0808 2000 247







### **Festive period Opening Hours**

Core Service Monday-Friday
8am - 5pm except:

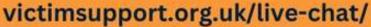
<u>December 2024</u>
Tuesday 24th - 8am -1pm
Wednesday 25th - Closed
Thursday 26th - Closed

<u>January 2025</u>

1st January New Year's Day - Closed

OPEN THROUGHOUT THE FESTIVE PERIOD: 24/7 Supportline: 0808 168 9111

Livechat:









# Household Support

# Available from all Norfolk Libraries

#### Keep Warm and Well

Help yourself to a blanket, hot water bottle 4 and draught excluder



Free hot drinks are available

#### **Toiletries Bag**

Bag contains: deodorant, shampoo, bodywash and toothpaste



Adults and children's toothbrushes are available to help yourself to or ask a member of staff

### Tricky Period







# St Giles EAST OF ENGLAND

Turning a past into a future

# Understanding gangs and county lines for parents and carers in Norfolk

Inviting parents and carers in Norfolk to join us for an awareness-raising session to help recognise the signs and indicators that young people are at risk of becoming involved in gangs, exploitation and violence; as well as advice on how to have conversations about these issues and where to seek support.

Thursday 30th January 17.00-18.30PM Online

# Register Here

Or scan the QR code to visit our event page for more info or to register





https://tinyurl.com/mvry9axa