



NEWSLETTER

Regular news updates from All Saints School, Lessingham

KEY DIARY DATES

Feb:

- 3rd: Upper Juniors visit to North Walsham Church
4th: Lower Juniors trip to Norwich Castle
11th: GCSE Art trip to Norwich Museum
14th: Yr 7 London trip
*** 17th-21st Half Term ***

Mar:

- 3rd-29th (tbc): Yrs 9/10/11 Norfolk Skills & Careers Festival
3rd-14th: Careers week
3rd: Carrow Road Careers trip
6th: World Book Day
20th: Upper & Lower Juniors to Sheringham Puppet Theatre
26th: World Maths Day
28th: End of Term
* 31st Mar-22 Apr Easter Holidays *

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Numbers to contact for help

Ms Dangerfield: 07879 875925

Miss Paffett: 07733 417296

Norfolk children's support line:

Text 07480 635060 or call 0344 800 8029

MESSAGE FROM THE HEADTEACHER

We have welcomed lots of visitors into school in the past couple of weeks. All have commented on our wonderful school and how calm and caring students and staff are and how hard everyone is working with their studies.

Kathryn Elliott who is a Young Carers Education and Community Worker has this week delivered staff training and an assembly about being a Young Carer and what support is available. We are showcasing this area in this week's newsletter. As a school we have a small group of students who come together and support each other. If you feel your young person is a Young Carer and would benefit from some additional support, please do get in touch.

Metacognition

As a school, our focus for the next two terms is Metacognition. We are encouraging staff and students to really think about the process of learning and what our brains are doing when we absorb new information. Our staff are all trained to recognise how different people learn and will be supporting students by employing different strategies to help your child to learn effectively.



The next steps for us as a school, are to encourage students to think about their own learning process and become more effective at using strategies that help them independently, so they are able to problem solve and tackle new things with more autonomy.

Please see the presentation we used for the whole school assembly this week. Watch this space for more ideas about how you can support your child to become more 'Metacognitive' at home!

<https://www.allsaintslessingham.co.uk/wp-content/uploads/2025/01/Metacognition-Assembly-for-parents-.pdf>

Year 10

A huge well done to all our year 10 students for their attitude and efforts throughout their exam assessment week. You did it! Fantastic feedback from your class teachers and external invigilators supporting you. Next steps - work closely with your teachers to support exam technique and revision areas, do remember the hard work you put in now will really support you moving into year 11.

Miss King.



Eco Committee Report

Students from the Eco Committee helping to ensure recycled waste is being put in the correct bins

This academic year has already been very busy for the Eco Committee. Before Christmas break students lead a successful overhaul of the All Saints School's recycling programme. By educating the school about what can and can't be recycled and installing specific bins for soft plastics we have significantly reduced the amount of waste going into the black bins. This waste would normally be incinerated or put into landfill. Everyone in school has done their bit to make this happen. Well done!



Sustainable Sensory Garden

This month the Eco Committee, in collaboration with the School Council, have launched a competition to help design a sustainable sensory garden which will be situated at the front of the school. Students at All Saints expressed a keen interest in creating a garden for themselves and future generations to enjoy, understanding the benefits of having a quiet, natural space for everyone. This is also a fabulous opportunity to design an area that will improve the sustainability of the school by encouraging a diverse range of plants, insects and birds to thrive as well as a garden that will withstand the climate changes we may experience in the coming years, things like drier summers, wetter springs and milder winters.

How to enter the "Design a Sustainable Sensory Garden" competition

To enter the competition, students can either fill in the competition entry form online (email Mr. Slater) or ask their form tutor for a paper entry form. They can then draw diagrams or pictures of all the ideas they have and how they imagine the garden should look. We will pick up to 5 designs and use the key ideas from these to create the garden. A commemoration plaque will be installed in the garden with the winning designers' names on.

What we want to see in your entry

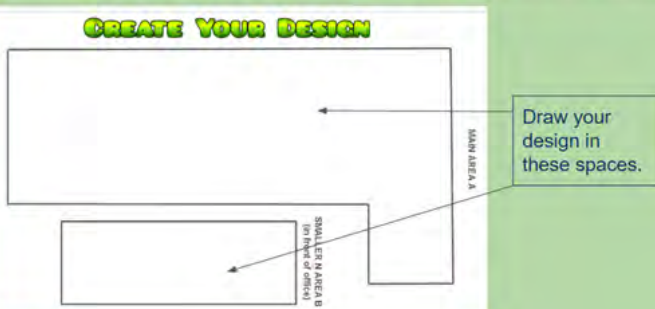
Pictures, diagrams, colour and annotations (notes) to show what your garden design would look like.

The competition sheet will have maps of Area A & Area B for you to fill in with all your ideas.

Your design entry might look something like this....



CREATE YOUR DESIGN



Ask your form tutor for a paper entry form or email Mr Slater jslater@allsaintsl.co.uk for an online entry. Entries to be submitted by Thursday 27th February.



Climate Action Plan Advisor Visit

On January 16th the Eco Committee were able to meet and have lunch with Nigel, a Climate Action Plan (CAP) Advisor from Let's Go Zero.

Nigel also gave a careers talk and offered advice on how All Saints School can carry on reducing its carbon footprint. He was really impressed with how enthusiastic the students were and how much they are already contributing to this goal.

Students having lunch with Nigel, the Climate Action Plan (CAP) Advisor

Young Carers

A young carer is someone under the age of 18 who helps to care for a family member, relative or friend. This may be due to them having an illness, a disability, a mental health concern or a drug or alcohol problem.



Some children and young people have provided care for a family member for a number of years so do not appreciate they are a young carer. For others it is a more sudden change in their home circumstances.

As many as 1 in 5 children and young people are young carers in the UK. Visit our website for further information: <https://www.allsaintslessingham.co.uk/helpful-resources/>



Young Carers Action Day 2025

Young Carers Action Day 2025 is on Wednesday 12th March 2025 and this year's theme is "Give Me A Break", focusing on the importance of rest and respite for Young Carers. The Carers Trust has put together a fantastic selection of resources to support schools in acknowledging this day, and they can be found here:

<https://carers.org/young-carers-action-day/young-carers-action-day>



Young Carers Trip to the East Anglian Air Ambulance

February half term

Please see the attached poster for further information.

Family Voice Norfolk Annual Conference

The Family Voice Norfolk Annual Conference is a free event, exclusively for parents and carers who have children and young people aged 0-25 with special educational needs and/or disabilities (SEND).

Saturday 22 March 2025 – 9.30am to 3.30pm | John Innes Centre, Norwich NR4 7UH

The Family Voice Norfolk Annual Conference is a **free event**, exclusively for parents and carers who have children and young people aged 0-25 with SEND.

To register for the event and to find out more, please visit the website: <https://www.familyvoice.org.uk/>



Making Sense of SEND free information fairs

Wednesday 19 March | 10.00 - 12.00 | Knight's Hill Hotel, King's Lynn, PE30 3HQ

Thursday 22 May | 10.00 - 12.00 | Fakenham Community Centre, Fakenham, NR21 9SR

Would you like to find out more from the SEND services that can support your child and family?

Come along to a Making Sense of SEND information fair local to you!



Discover Your Ability 2025

an inclusive and inspiring event taking place on **22nd June 2025** in the beautiful grounds of **Norwich Cathedral**. This event is designed to improve understanding of inclusivity and disability while providing a unique opportunity for pupils to gain valuable skills and experiences. Click on the link for further information:

<https://able2b.co.uk/discover-your-ability/>

Lower Juniors

Used their amazing typing skills to write Howard Carter's diary.



Upper Juniors

Have been learning about mechanisms and forces in Science. They have tested the different amounts of force needed to lift an object using a lever. They have also looked at everyday mechanism, such as claw hammers, gears, pulleys, wedges and tin openers.



Gorleston Apiary

Bees

Lower Juniors, Upper Juniors and Year 8 students worked on decorating beehives with an alumni student Jamie from Gorleston Apiary.

They worked fantastically and can probably tell you lots about what they learnt about bees!

The beehive will be exhibited in Great Yarmouth and then in May will be placed in nature ready for bee season:

<https://www.gorleston-apiary.co.uk/>



Construction

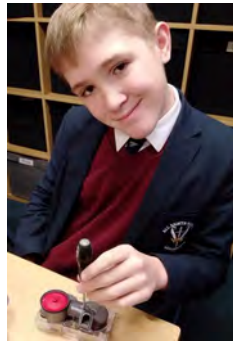
Rio has finally finished the toy box he has made for a relative. Rio designed it and then burnt the wood rather than painting it.

It is absolutely beautiful.



Year 8

Became engineers using the Dyson box to dismantle and rebuild Hoover heads.



PE and Sport

The Upper Juniors enjoyed participating with other schools in the Panathlon challenge at the UEA.



A brilliant day for our Year 8 and Lower Juniors for the 3rd year of our partnership with @UEAPESH.

The trainee PE teachers were excellent and our students had a great time trying lots of sensory circuit activities.



ALL SAINTS ALUMNI

HOW PAST STUDENTS CAN INSPIRE CURRENT STUDENTS

It's been wonderful over the past two weeks having a visit from Leah and hearing how she's looking into working with animals; A beehive art workshop run by Jamie who left All Saints in 2013; Hearing how Jasmine is preparing to start her physiotherapy course at University and bumping into Jessica at City College who is loving her retail enterprise course!



CALLING ALL FORMER STUDENTS

If you're a former student of All Saints School, we want to hear from you!

Your experiences since leaving could help to motivate and inspire our current students to feel more confident in making decisions about their future. We'd love you to join our alumni network and stay connected with the school. It doesn't matter when you left us, whether you're in further education or employment, whether you still live nearby or have moved away, there are still ways you can help.

We look forward to hearing from you and welcoming you back to All Saints School.

Miss King – Operations Manager



EAST ANGLIAN AIR AMBULANCE VISIT

THE HUB, HELIMED HOUSE,
14 GAMBLING CL, NORWICH NR6 6EG

YOUNG CARERS MATTER AND THE BENJAMIN FOUNDATION INVITE YOUNG CARERS TO JOIN THEM AT THE EAST ANGLIAN AIR AMBULANCE FOR 1 HOUR CPR/AED TRAINING AND THE CHANCE TO SEE THE HELICOPTER ON THE HELIPAD!

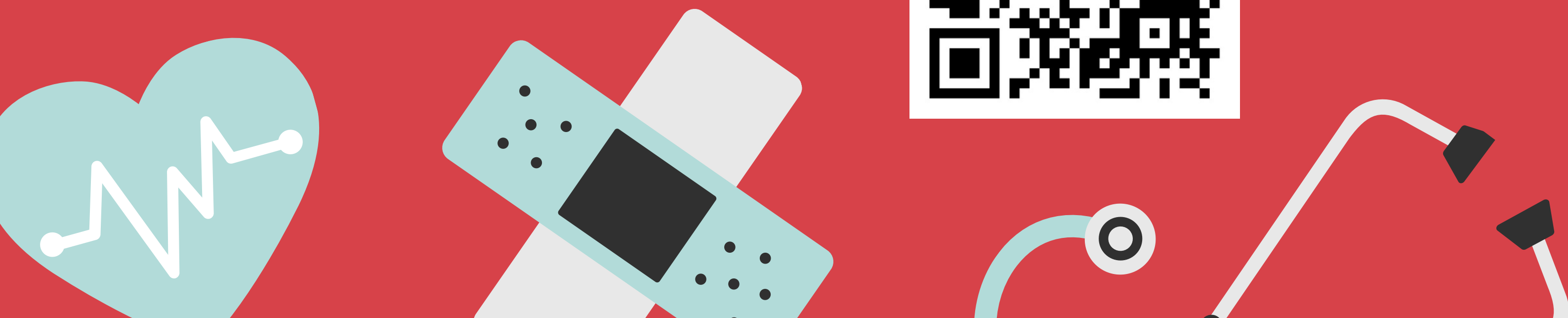
WEDNESDAY 19 FEBRUARY 2025

GROUP 1 5-11 YEARS: 10:00-11:30AM

GROUP 2 12-18 YEARS: 12:30-2:00PM

TO BOOK YOUR PLACE PLEASE SCAN THE QR CODE OR FOLLOW THE LINK

[Click here to book!](#)



**ONLINE BOOKING NOW
OPEN FOR PARENT CARERS**

Annual Conference

Saturday 22nd March 2025

John Innes Centre, Norwich NR4 7UH

Find out about all things SEND from

- *Information stands*
- *Presentations/workshops*
- *The chance to chat with professionals*

**To register your attendance, please visit:
www.familyvoice.org.uk/conference-2025/**

Or scan the QR code below:





DYA2025 IS HERE!

Book Your Place Now!

- SEN and Mainstream children working together
- 3 x team building sessions March-May 2025
- Main challenge in the Cathedral Grounds
- Additional Community Sponsored walk

REGISTER NOW!



**Sunday
June 22nd 2025**



**Norwich Lower School Playing Field, NR1 4AA
11:30 am – 4.30 pm**

IN ASSOCIATION WITH:

